



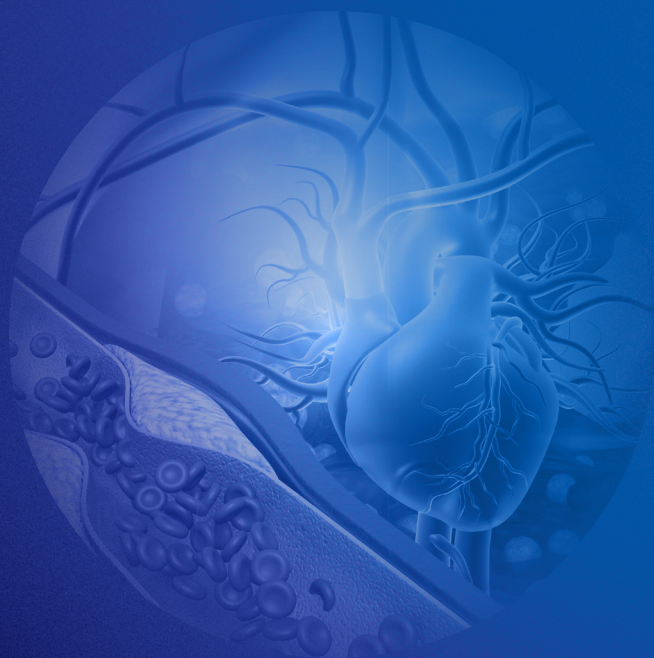
Udruženje
Internista Srbije



NOVEL APPROACHES
IN HYPERTENSION
MANAGEMENT
GUIDELINES
AND CASES

Metropol Palace Hotel
Belgrade

12-14
September
2025





**Udruženje
Internista Srbije**



NOVEL APPROACHES

IN HYPERTENSION MANAGEMENT GUIDELINES AND CASES

Metropol Palace Hotel, Belgrade

SCIENTIFIC PROGRAM

12 September Friday

- 14:00 – 15:00 Registration & Welcome Coffee
- 15:00 – 16:30 Introduction of the Course – Dr. Cengiz Ermiş – Prof. Dr. Dragan Lovic
- 16:30 – 17:00 Coffee Break
- 17:00 – 18:00 Guidelines and Real-World Practices in Hypertension – Dr. Necla Özer – Prof. Dr. Dragan Lovic
- Global and national hypertension guidelines
- Blood pressure targets in special populations
 - Implementation challenges in clinical practice

13 September Saturday

- 09:00 – 10:00 "Treatment-Resistant Hypertension: Clinical Challenges and Modern Solutions" Dr. Cengiz Ermiş – Prof. Dr. Djuro Macut
- Recognizing treatment resistance early: who, when, and how
 - Mechanisms and underlying causes of resistance
 - Tailoring pharmacological and non-pharmacological interventions
 - Innovative approaches: device-based therapies and emerging drugs
- 10:00 – 10:15 Coffee Break
- 10:15 – 11:15 Initial and Stepwise Therapy in Hypertension – Dr. Oğuz Abdullah Uyaroğlu – Prof. Dr. Katarina Paunovic
- Lifestyle interventions
- First-line antihypertensive agents
 - When and how to intensify treatment
 - Treatment resistance: recognition and management
- 11:15 – 11:30 Coffee Break
- 11:30 – 12:15 Rationale for RAAS Blockade – Dr. Oğuz Abdullah Uyaroğlu
- Mechanism and clinical relevance of RAAS
 - Benefits beyond blood pressure control
 - Patient groups who benefit most
- 12:15 – 13:00 Hypertension and Cardiovascular Risk: Rational Pharmacotherapy – Dr. Necla Özer
- ACEi, ARBs, CCBs, Diuretics, Beta-blockers
- Drug combinations: efficacy and safety
 - Matching therapy to comorbid risk
- 14:00 – 15:30 Case-Based Approach: Choosing the Right Therapy – Dr. Cengiz Ermiş
- Monotherapy vs combination
 - Comorbidities, age and drug selection
 - Case presentations and discussion
- 15:30 – 16:15 Poster Session – Prof. Dr. Katarina Paunovic
- Poster – 1
- Poster – 2
- Poster – 3
- Poster – 4

14 September Sunday

- 09:00 – 10:30 "Difficult-to-Control Hypertension: A Multidisciplinary Perspective" Prof. Dr. Dragan Lovic
- Secondary hypertension: when to suspect and how to investigate
 - Adherence issues: behavioral and psychosocial aspects
 - Role of nephrology, endocrinology, and cardiology in complex cases
 - Panel discussion: diagnostic and therapeutic dilemmas in real-life patients
- 10:30 – 11:00 Coffee Break
- 11:00 – 12:00 Wrap-up of the Symposium – Dr. Cengiz Ermiş – Dr. Necla Özer – Dr. Oğuz Abdullah Uyaroğlu